



2023 OHT Impact Fellows Program

Please complete this form to indicate your OHT’s interest in hosting an Impact Fellow.

Interested OHTs are encouraged to [reach out to program staff](#) early on to discuss potential ideas. OHTs may submit more than one project idea in their EOI, but may only host one Impact Fellow at a time.

Please note that submitting an EOI does not guarantee that the OHT will be matched with a fellow. The Program Team will follow-up with OHTs once Expressions of Interest are submitted to confirm necessary details before sharing these with potential applicants via the program website.

1. OHT Name	West Toronto OHT
OHT Location	Toronto
OHT Website (if applicable)	wtoht.ca
2. OHT Primary Contact	Kashtin Fitzsimons
Primary Contact Email	kfitzsimons@4villages.on.ca
Are you willing to be contacted by prospective Fellows to discuss projects?	<input type="button" value="Yes"/>
3. Host Mentor	Dale Clement
Host Position / Title	VP, Clinical Services at Unity Health and Co-Chair of WTOHT

4. OHT Priority Areas

For FY 23/24, the West Toronto OHT has three priority patient populations: COPD, Mental Health & Addictions, and Frail Seniors. In addition to implementing service improvements in those domains, the West Toronto OHT is part of implementing the High Priority Communities strategy and creating opportunities for engagement with primary care physicians, patients, caregivers and the community at large.

5. OHT Goals

In the next 10 months, the West Toronto OHT is looking to increase access to Mental Health & Addictions services through partnerships with primary care, service providers, and the planning and delivery of peer support programs in the community. Our initial test of change began in January 2023 in South Parkdale. In FY 23/24, we are eager to expand the reach of this test of change and offer more availability to community members and referring primary care providers.

6. Proposed Projects

Recognizing the significant demand for Mental Health and Addictions support in the community, the West Toronto OHT is funding the development of mental health workshops and the training of Community Ambassadors and Outreach Workers to deliver these workshops. Partnering with CMHA –

Toronto, we will be developing Mental Health & Addictions workshops and ten West Toronto OHT staff and volunteers will be trained to facilitate these programs. Projecting forward, we are expecting to facilitate a minimum of 40 hours of community-based workshops each month. The role for the OHT Impact Fellow will be to evaluate the experience of participants and facilitators and assess the impact this new Mental Health and Addictions service has on outcomes defined in the West Toronto OHT Collaborative Quality Improvement Plan. The OHT Impact Fellow will also be integrated into the larger tests of change to assess the impact of primary care providers engaging in the new referral process to Home & Community Care agencies in West Toronto. Another project running concurrently for the West Toronto OHT is the application of Bang The Table, a digital community engagement platform, for collecting community feedback and supporting collaboration for large communities. The OHT Impact Fellow will be supporting the evaluation of our larger Community Engagement Strategy culminating in a recommendation to our Steering Committee (West Toronto OHT's lead decision-making group) for how we can look to include and create space for community voices in OHT work as we proceed towards incorporation.

Project Summary

Recognizing the significant demand for Mental Health and Addictions support in the community, the West Toronto OHT is funding the development of mental health workshops and the training of Community Ambassadors and Outreach Workers to deliver these workshops. Partnering with CMHA – Toronto, we will be developing Mental Health & Addictions workshops and ten West Toronto OHT staff and volunteers will be trained to facilitate these programs. The role for the OHT Impact Fellow will be to evaluate the experience of participants and facilitators and assess the impact this new Mental Health and Addictions service has on outcomes defined in the West Toronto OHT Collaborative Quality Improvement Plan.

7. Desired Competencies

The OHT Impact Fellow best suited to this work will have an interest in Mental Health & Addictions, community-based interventions, and community engagement tactics. We are looking for an OHT Impact Fellow who is skilled in designing and collecting patient reported experience and outcome measures to inform evaluation work. Comfort with stakeholder engagement is also a valued asset to this role. For the OHT Impact Fellow, we view it as the role of the host OHT to ensure the project deliverables are aligned to your unique skillset to support your professional development and to maximize your time working with us.

Does your OHT Require a Fellow with Bilingual Proficiency?

No

8. OHT Environment

The West Toronto OHT is at an exciting time for several initiatives. Decisions need to be made on whether we should expand tests of change and how we might best go about that expansion. New initiatives are launching to create capacity for Mental Health & Addictions supports that will require an evaluation to assess impact and share within the larger community of practice. The OHT Impact Fellow joining the West Toronto OHT will be well-placed to inform key decisions and will be empowered to have a voice in those decisions.

The core West Toronto OHT operational team is made up of four Project Managers, one Communications Specialist, and one Director. The OHT Impact Fellow would be immediately incorporated into that core team with full visibility to all OHT operations to accelerate learning, to share perspectives on how we might improve or reconsider our current approaches, and to ensure opportunities to contribute to other work are quickly identified.

Outside of the core team, the West Toronto OHT Steering Committee is a supportive team that will have capacity to mentor an OHT Impact Fellow. While we have identified one Host Mentor, we are also open to working with the OHT Impact Fellow to ensure that their career goals and professional interests inform the mentorship support received.

Preferred Work Arrangement for Fellow

Virtual only

Hybrid

Flexible depending on candidate needs

9. Opportunities for Professional Growth and Development

For prospective OHT Impact Fellows, the West Toronto OHT is an exciting and supportive place to work. As a smaller team, we follow a strengths-based structure to maximize alignment between the skills and professional goals of each team member and their role on the team. In practice, this means each member of the team gets the chance to develop and apply professional skills relevant to their long-term professional goals. We are excited to partner with a prospective OHT Impact Fellow to craft a rich placement experience.

10. Additional Information

OHT Plan for FY 23/24 attached.

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Cohort 2 OHT Plan - WTOHT - ...pdf